



Parent Workshop

Escape Behaviors - What, Why & How

- **RECOGNIZE** what your child usually escapes from, and in what form?
- **CONTRIVE** situation to teach replacement behaviors
- **MODEL and TEACH** positive behaviors, and your child can learn from you!
- **REINFORCE** appropriate behaviors, be **SPECIFIC!**
- **FOLLOW THROUGH** with presented demands
- **BREAK DOWN** challenging tasks into easy steps
- **PROVIDE CHOICES** to your child
- **PROVIDE** highly-preferred reinforcements for more challenging tasks
- **INCREASE** the difficulty, duration and or expectation gradually
- **CONSISTENCY** is the key!!