



Parent Workshop

All About Attention - What, When & How

- **CATCH** and acknowledge positive behaviors whenever you can
- **RECOGNIZE** absence of inappropriate and attention - seeking behaviors
- **VARY** the way we give positive attention to the child (e.g. wink, jokes, tickles, laughs, praises)
- **BE SPECIFIC**, tell your child exactly what you like about him doing
- **IGNORE** inappropriate behaviors that are maintained by attention
- **MODEL** positive behaviors, and your child will learn from you!
- **TEACH** positive behaviors to replace inappropriate behaviors
- **ACKNOWLEDGE** their effort even though the behavior may not be perfect
- **ROLE PLAY** and practice the skills in a calm and fun atmosphere
- **TARGET** new social skills to gain attention (you don't want patterns!)